## Texas 4-H Food Show | Presentation Scorecard

Contestant Name:		County:					
Entry Category: Appetizer		_Main Dish	in Dish Side Dish			Healthy Dessert	
		C	omments		Points	Score	
I. PRESENTATION							
<ul><li>Theme:</li><li>How does the theme fit with the dish?</li></ul>					(5)		
<ul> <li>Knowledge of MyPlate:</li> <li>Food group(s) represented in dish.</li> <li>Serving amount needed from each group daily for age.</li> <li>How did MyPlate guide choice of dish?</li> <li>How does this dish reflect MyPlate?</li> </ul>					(10)		
<ul> <li>Nutrition Knowledge:</li> <li>Key nutrients of dish and function of those nutrients</li> </ul>					(10)		
<ul> <li>Food Preparation:</li> <li>Preparation key principles and function of key ingredients</li> <li>Healthy substitutions</li> </ul>					(10)		
<ul> <li>Food Safety Concerns &amp;</li> <li>Knows food safety concernof dish</li> <li>Follows FightBAC princip</li> </ul>	rns in preparation and storage				(10)		
II. INTERVIEW (category	, specific)	1					
Judge's Questions					(15)		
4-H Food & Nutrition Project Activities					(10)		
III. FOOD PRESENTAT	TION/QUALITY						
<ul><li> Appearance of food (texture, uniformity)</li><li> Garnishing</li></ul>					(5)		
IV. EFFECTIVENESS O	F COMMUNICATION						
• Voice, poise, personal app	pearance				(5)		
V. SKILL SHOWCASE SCORE							
• Proper demonstration of	assigned skill.				(10)		
Additional Comments:		- <b>·</b>					
				Total Points	Possible (90)		