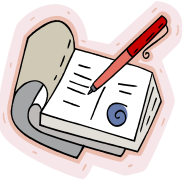




Sharing is caring with TEEA

Kathy Farrow, Family and Community Health Agent

May 2021



Mark Your Calendar

County Extension Education
Association meeting
Monday, June 7, 2021
10:00am
Marsha Wellman
1869 South Saunders
Aransas Pass, Texas



San Patricio County
Family & Community
Health & Ag/Natural
Resources



In observance of
MEMORIAL DAY
the San Patricio County
Extension Office will be
closed Monday, May 31, 2021.



Please join us!



The **PINK** Event Friend to Friend Party

Thursday, May 27, 2021
Registration: 11:30 a.m.
Program - 12:10 p.m.
San Patricio County Fairgrounds
Civic Center
219 West Fifth, Sinton

*The Friend-to-Friend Party is for women to
join their friends to support and encourage
each other to get screened.*

Please RSVP by
May 21, 2021
at 361-587-3400.



Also, please call Kathy
if you would like to be
a table monitor.

Questions?
361-587-3400

Fun ♥ Friends ♥ Luncheon ♥
Free Goody Bags ♥ Door Prizes & More!

SAVE THE DATE

2021 State Conference Information

93rd State Conference
September 13-15, 2021
Temple, Texas
Mayborne Conference Center

“Happy Days are Here Again” with Roaring 20’s Fashion Show during the Banquet.

Host Districts are District 3
Wanda Lacey, Director and
District 8-July Hutchinson, Director

Rooms will be available Sept. 13-15, 2021. The Host Hotel is Hilton Garden Inn – 1749 Scott Blvd. You can call (254)773-0200 to make your reservations-provide code *TEEA*. Rooms are \$135+tax, with breakfast included for 2 people - \$5/each additional guest per room. The Overflow Hotel is Candlewood Suites (across the Street),. Rooms are \$85+tax and NO breakfast are included or Fairfield Inn and Suites - Temple Belton - 1402 Southwest HK Dodgen Loop. Rooms are \$91+tax with NO breakfast included.

Gardening Basics

What You Need

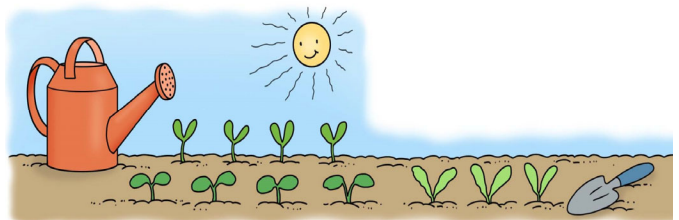
- ✿ Seeds
- ✿ Soil
- ✿ Sunlight: check your seed packet to find out how much!
- ✿ Water
- ✿ Space: each plant needs the correct amount of space for growth, above and below ground.
- ✿ Attention and love!

Tips

- 🌱 When you plant the seeds, give the soil a really good watering. Seeds will not germinate in dry soil.
- 🌱 Seedlings (baby plants) should never dry out, so water them every day. After the plants are about as big as your hand, you likely won’t need to water them every day.
- 🌱 Try keeping a garden journal where you write down the changes you see as your plants grow.

Gardening Terms

- 🌱 **Days to germination:** the average amount of time it takes for a seedling to start to grow out of a seed.
- 🌱 **Days to harvest:** Unless stated otherwise, the number of days a plant needs to grow before it can be harvested to eat. (Some plants, like snap peas, can be harvested for multiple weeks.)
- 🌱 **Planting depth:** how far beneath the surface of the soil you should plant each seed.
- 🌱 **Row spacing:** how much space you should leave between rows. In a garden, the plants do not need to be in straight rows, but make sure to give them the correct amount of space.
- 🌱 **Sow:** to place seeds in soil.
- 🌱 **Spacing:** how much space should be between each plant in a row. Make sure to give plants enough space below the ground as well. Most plants need 12 inches or more space for their roots. Check the seed packet for details.
- 🌱 **Transplant:** to move plants, most often from an indoor space to a new, outdoor location. (Some plants need warm temperatures to germinate.) Gardeners will start the seeds in small pots inside until it’s warm enough to take the small plant out of its pot and plant it outside in a larger pot or directly into the ground.



Growing Plants in Containers

Almost all plants need containers at least 12 inches deep so they have enough soil to grow deep roots. Some need even more room. For example, carrots need deeper containers to allow space for the carrots to grow. Plants with vines, like squash or watermelon, can be grown in a 12-inch deep container, but their vines will grow 6 to 8 feet out, so make sure there is space for them! Growing in a five-gallon container will help maintain soil moisture.

Here are some plants that grow well in containers, with some growing tips:

- ❁ **Carrots:** The depth of your container should be double the length of the type of carrots you are growing when they are ready to eat.
- ❁ **Eggplant:** When planning which type to buy, consider your climate. Many types of eggplant do not do well in cool temperatures (lower than 50 degrees F).
- ❁ **Herbs:** Many types of herbs grow well in containers. These include basil, chives, dill, mint, sage, thyme, and more. Grow rosemary in a large container to allow for a larger bush.
- ❁ **Leafy greens:** Spinach and leaf lettuce are among the many greens that you can snip to eat one day and then snip again a few days later. Keep these cool-season crops in partial shade.
- ❁ **Peas:** Put tall supports in the container. Water frequently, and keep them fertilized.
- ❁ **Peppers:** Try bell peppers, or spice it up with hot peppers that are perfect for homemade salsa.
- ❁ **Potatoes:** Some potatoes need a 120-day growing season, so look for types that mature early.
- ❁ **Radishes:** Containers don't have to be very large for this spring vegetable.
- ❁ **Summer squash, zucchini, and cucumbers:** Choose bush varieties rather than the sprawling vine varieties. One plant can fill a 24-inch pot quickly, so don't crowd your seeds or seedlings. A trellis in the pot will support the plant and allow air to flow around it.
- ❁ **Tomatoes:** Like peas, tomatoes need a support system. Use a rod or tomato cage to keep your plants upright.



Tips for your plant's health

If you live in a hot climate, you might need to shade your container plants during the heat of the afternoon, so they don't overheat. It may also help not to use metal or darker colored containers, because they can become very hot and cook your plant's roots. A shade cloth can help with this on very dark pots. On the other hand, many vegetables do not like cold soil. So, if you live in a cool climate, bring your containers in at night until you know the overnight temperature will be warm from night to night.

TEXAS A&M AGRI LIFE EXTENSION

San Patricio County
219 N. Vineyard
Sinton, Texas 78387-2613

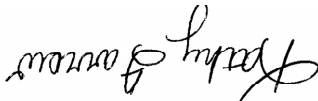
Return Service Requested

References to commercial products or trade names are made with the understanding that no discrimination is intended and no endorsement by the Texas A&M AgriLife Extension Service is implied. Articles and recipes adapted from University of Nebraska-Lincoln Extension, Heart.org, Allrecipes.com, Eatright.org, Food and Health Communications, University of New Jersey, and Foodhero.org.

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in any of the mentioned activities, are encouraged to contact the County Extension Office five days before all programs for assistance.

Kathy Farrow
County Extension Agent
Family and Community Health
San Patricio County
219 N. Vineyard, Sinton, Texas 78387
361-587-3400 ★ 361/364-6234-fax
k-farrow@tamu.edu



For additional information contact: